TriGuard

HOW TO USE THIS INCREDIBLE PRODUCT

"In my opinion the active ingredients in TriGuard are ORGANIC and are a more powerful disinfectant than lodine, Lysol and Chlorox Bleach. It much more effective than Colloidal Silver. The University of Georgia soon discovered the power of these actives, especially the GSE. This product has been clinically researched (Pasteur Institute, France, Southern Research Institute, University of Georgia and Brigham Young University) to be one of if not the best natural anti-protozoan, anti-microbial, anti-parasitical, anti-fungal, anti-biotic, anti-septic, disinfectant and anti-viral product known." ~ J.K. Poulsen, MD.

NATURAL ANTIBIOTIC: To kill Strep, Staph, Salmonella, E.Coli, Cholera, Fungus, and Traveler's Diarrhea. Mix 40 drops in 8-ounces of orange juice. Drink 3 times a day.

CANDIDA ALBICANS (YEAST): 20-30 drops, in 8 ounces of orange juice 3-4 times a day, 15 minutes prior to meals, for 30 days. After this time, take 10 drops, 2 times a day for maintenance.

PARASITES: 20-30 drops, in 8 ounces of orange juice 3-4 times a day, 15 Minutes prior to meals, for 60 days. After this time take 10 drops 2 times a day for maintenance. TriGuard not only kills the parasites but kills their eggs also.

ACNE, ECZEMA, PSORIASIS: Mix 20 drops in the 2-ounce spray bottle and liberally spray the infected areas twice per day. Let air dry. With Acne use a good organic scrub prior to the application, rinse, the dry with paper towel, then liberally spray the TriGuard. Remember to let air dry.

HERPES: Internally: 20-30 drops, in 8 ounces of orange juice 3-4 times a day, 15 minutes prior to meals, for 30 days. After this time take the same dosage 2 times a day for maintenance. **Topically:** Mix 15 drops with 1 ounce of distilled water, apply on lesions and let air dry. **General Herpes:** Use the whole bottle and pour in a ½ bathtub of hot water. Soak for 20 minutes. Do this once per week for 60 days. Also follow the internal regime above.

VAGINAL YEAST INFECTION: Mix 30 drops in a vaginal douche appliance and use as you would normally. Use twice per day for 3 days.

DANDRUFF: Wet hair and apply 12 drops to the hair and massage for 3 minutes. Rinse thoroughly and condition as usual.

GERM KILLER: Mix 10 drops in a two spray bottle, shake! Spray on your hands every 2-3 hours and let air dry. Now you do not have to be afraid of shaking hands of people with colds, lifting toilet seats in the airport or a restaurant with your hands or touching any contaminated object. TriGuard has a germ killing residual for hours. Women all over America are carrying it in their purses. Use it to spray the toilet seat as an effective germ killer.

COLDS & FLU: If you feel one coming on take 30 drops in orange or grapefruit juice 3 times a day until symptoms subside.

SORE THROATS: When you feel a sore throat coming on, mix 4 drops in one ounce of water. Gargle for 4 minutes. Do this 4 times a day. If you do this when you first feel the sore throat coming on the results are great.

GINGIVITIS: Take 4 drops of TriGuard and mix in 1 ounce of water. Dip in your toothbrush and brush every morning and night for three minutes until symptoms disappear.

SKIN AND NAIL FUNGUS: Take a bowl of water and mix 20 drops. Apply topically twice per day for 30 days by submerging your fingers into the bowl and keeping them there for 3 minutes.

ATHLETE'S FOOT: Mix 30 drops in a bowl of warm water and soak your feet for 5-10 minutes before bedtime.

Continue for 7 days.

WARTS: Place a cube of ice of the wart and freeze it. Sterilize a razor blade. Slightly cut the top of the wart off. Place 1 drop of TriGuard full strength on the wart. Let sit for three minutes then cover with a band-aid

BARNS & GARAGES: Mix one full bottle of TriGuard into a 5-gallon spray appliance. Thoroughly spray all areas to kill bacteria and germs.

DRINKING WATER: For emergency water while in the outdoors or traveling to other countries, mix 8 drops for each 8 ounces of clear water. 15 drops for murky water. Let stand for 3-4 minutes. May be used as a prophylactic agent for those who travel abroad.

RINSING FRUIT & VEGTABLES: Mix 15 drops in ½ gallon of water and let them soak for 15 minutes. Remove and rinse.

MEATS & FISH & POULTRY: Mix 9-10 drops in a 2 ounce spray bottle and spray the meat and fish all over. Let sit 15 minutes and rinse. Pat dry.

HAMBURGER MEAT: Since Hamburger meat is prone to bacteria infestation more so than any other meats, put 15 drops in the hamburger mixture (4 people) and let sit for 15 minutes before cooking.

FISH AQUARIUM: Put 6 drops in fish tank every time you add water and no more algae! **Note:** Do not add more than 2 drops for most tanks.

PET BIRDS: Put 6 drops in water dish, let sit 3-4 minutes to remove existing parasites, larvae and eggs and prevent their growth.

WATER CONTAINERS: Put 9 drops in the water container at home or office to prevent algae growth. Put 12-15 drops per gallon of water in a humidifier tank to do the same.

COUNTER TOPS, TOILETS KITCHENS, SINKS, LAUNDRY: Add 30 drops to laundry to disinfect.

This information is for educational purposes only and is for use by physicians and doctors. HEALTH PROFFESSIONALS: NUEROLINK PRACTIONERS MASSAGE THERAPISTS THEARPISTS

> Dr. Steven Kraskow, DC, PA Chiro+Plus - 5205 E Kellogg Dr, Wichita, KS 67218 - 316.684.0550 InnerWorks – 3425 W Central, Wichita, KS 67203 -316.946.0990 www.anaturalhealingcenter.com